

Active for Life: GAG Final-Game

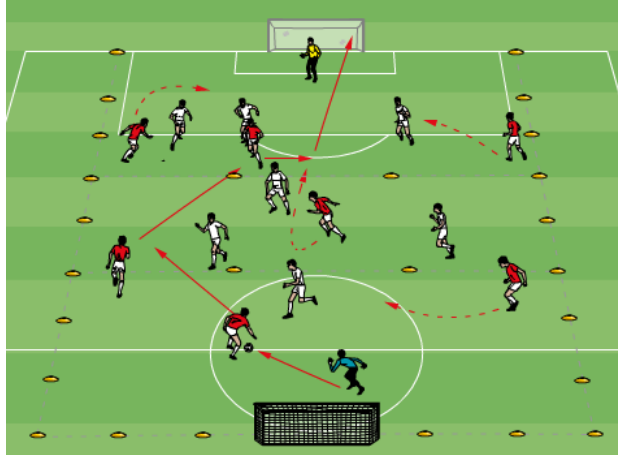
Small-Sided-Game:

8v8 Game – Passing & Support Theme #1.

20-30 minutes

Organization:

- Two teams of 8 including the GKs
- Playing field of 70x44m.
- Off-side lines in effect at the start of each final third.
- One goal at each end.
- Soccer balls in the goals and with coach.
- Play starts with the GK.



Coaching Points:

- Accurate passes with good ball speed.
- Open your body to the play when receiving a pass.
- Support in triangles – wide and deep.
- Distance, angle & Timing of support.
- Keep the ball moving.
- Be composed.

Description:

1. The game begins when the GK rolls the ball out to one of the red players. The reds then inter-pass in an effort to create scoring opportunities. The white team must try and win the ball so that they can attack and score on the reds in the same manner. Normal rules of soccer apply
2. **Condition:** Players can only be off-side in the final third. Markers indicate the off-side line at the beginning of each final third. This condition opens up more space in midfield as defenders cannot squeeze the play up to the halfway line.
3. **Progression:** For the last 5-10 minutes remove the Condition.

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