

## Active for Life: GAG Final-Game

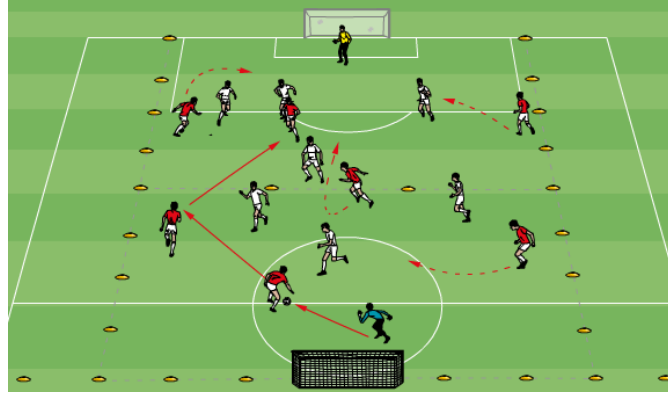
Small-Sided-Game:

8v8 Game – Passing & Receiving Theme #2.

20-30 minutes

### Organization:

- Two teams of 8 including the GKs
- Playing field of 70x44m.
- One goal at each end.
- Soccer balls in the goals and with coach.
- Play starts with the GK.



### Coaching Points:

- If under pressure take your first touch into space away from the pressure.
- If no pressure, open up quickly on first touch and be set to pass on the second touch.
- Disguise the pass (use outside of foot, open out and play back inside, etc)
- Keep the ball moving.
- Be composed.

### Description:

1. The game begins when the GK rolls the ball out to one of the red players. The reds then inter-pass in an effort to create scoring opportunities. The white team must try and win the ball so that they can attack and score on the reds in the same manner. Normal rules of soccer apply
2. **Condition:** Players have no more than three touches before passing in their own half of the field, and are free of restrictions in the opposing half of the field.
3. **Progression:** For the last 5-10 minutes remove the Condition.

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